

# MENU



## RESTAURANTE DA PRAIA

Praia da Arrifana

### COUVERT

BREAD	1.80€
ROCKET AND PEANUT PESTO	1.80€
BEETROOT TAPENADE	1.80€
TUNA PASTE	1.80€
ALGARVE OLIVES	1.80€

### SOUPS

FISH SOUP	9.50€
VEGETABLE SOUP	3.90€

### APPETIZERS FROM THE SEA

LINED MACKERELS (TANNED IN VINEGAR CIDER AND OLIVE OIL)	8.50€
TUNA FILET W/ BITTERSWEET CRUST	14.90€
OCTOPUS SALAD W/ SWEET POTATO CHIPS	14.90€
BLACK-EYED PEAS & TUNA	9.90€
FLAKED COD & CHICK PEA SALAD	10.80€
COD FISH FRITTERS	9.40€
CUTTLEFISH STEWED W/ BEANS	12.00€
OCTOPUS COOKED IN OLIVE OIL W/ SWEET POTATO	15.95€
CLAMS (300GR)	19.90€
BOILED/FRIED SHRIMP (300GR)	18.00€ / 19.40€
GRILLED TIGER PRAWN (350 GR)	34.90€
GOOSE BARNACLES	VP KG

### APPETIZERS FROM THE LAND

WHOLE GRAIN BREAD TOASTED W/ TOMATO AND GOAT CHEESE	7.40€
FRIED POTATO SKIN	6.00€
FRIED SWEET POTATO SKIN	6.60€
FRIED MANDIOCA	7.00€
GRILLED GREEN PEPPERS	7.20€
SAUTED PICANHA CUBES (BRAZILIAN STEAK) W/ SWEET POTATO CHIPS (300GR)	14.90€

### SALADS\*

ALGARVIA (LETTUCE, TOMATO, ONIONS & OREGANO)	6.00€
GREEK (LETTUCE, TOMATO, ONIONS, PEPPERS, CUCUMBER, GOAT CHEESE & OLIVES)	12.50€
RAW (BROCOLI, CAULIFLOWER, LEEK, RADISH, POINTED HEAD CABBAGE, CARROT, SPINACH)	10.90€
DO CAMPO (RED & GREEN CABBAGE, APPLE, NUTS, RAISINS & GOAT CHEESE)	12.50€
TUNA (TUNA, BOILED POTATO, BOILED EGG, TOMATO & ONIONS)	10.90€

\*ALL SALADS ARE SERVED WITH SEASONING SAUCE.

### MAIN COURSES

GRILLED FISH (SEA BREAM, ROCK BASS, SEA BASS, RED SEA BREAM, GOLDEN BREAM, SOLE)	VP KG
SERVED WITH POTATO, SWEET POTATO, CARROTS AND COOKED BROCCOLI	
SARDINES	14.50€
PICANHA (BRAZILIAN STEAK) - 2P*	41.90€
GRILLED CHICKEN - 2P*	29.90€
*SERVED WITH RICE, BLACK BEANS, FRIED POTATO OR MANDIOCA, MARINATED ONION & VINEGRETE.	

ARRIFANA SURF & TURF (COMBINATION OF RIBEYE PIECE OF MEAT AND GRILLED TIGER PRAWN, ACCOMPANIED WITH FRIES, VEGETABLES AND CHIMICHURRI SAUCE)	28.90€
HAMBURGUER BARROSA (SERVED ON THE PLATE)	14.50€
CUTTLEFISH STEWED W/ BEANS & WHITE RICE	14.50€
COD FISH FRITTERS W/ BEANS & TOMATO RICE	14.50€
WHOLE RICE W/ VEGETABLES	14.50€
SPINACH TORTIGLIONI W/ WALNUTS	13.20€
TUNA PENNE	13.30€
BOLOGNESE PASTA	13.20€
COLD PASTA (FRESH TOMATO, GARLIC, FRESH HERBS AND FRESH MOZZARELLA)	14.50€
OCTOPUS RICE*	41.90€
SALT COUVERED FISH IN THE OVEN*	VP KG
*PRE-ORDER FOR 2 PERSONS MINIMUM.	

### PORTIONS (ONLY FOR SIDE-SERVING)

RICE, BLACK BEANS, FRIED/BOILED POTATO, SWEET POTATO	4.10€
FRIED EGG - CHEESE SLICE	1.10€

### DESSERTS

FRUIT SALAD	4.40€
ALMOND PIE	4.40€
CHOCOLAT MOUSSE	4.90€
CHEESECAKE	5.50€
RED FRUITS SWEET (SUGAR & GLUTEN FREE)	6.40€
CHOCOLAT COULANT W/ SCOOP OF ICE CREAM	7.10€
PORTUGUESE FRUIT	1.70€

### ENERGETICS

YOGURT BOWL (W/ BANANA, GRANOLA & HONEY)	4.90€
AÇAÍ BOWL (W/ BANANA, STRAWBERRY, GRANOLA & HONEY)	7.60€
AÇAÍ SMOOTHIE (W/ MILK AND BANANA)	6.20€
HOMEMADE COOKIE	2.50€

*take away*

RESTAURANTE DA PRAIA  
Praia da Arrifana

WHEREVER YOU WANT » 282 998 527

# MENU



## RESTAURANTE DA PRAIA

Praia da Arrifana

### SWEET CREPES

SUGAR & BUTTER	4.90€
CHOCOLAT	7.20€
HONEY AND CINAMON	5.90€
STRAWBERRY JAM	5.90€
HABITUÉ (SUGAR, LEMON & CINAMON)	6.50€
DA PRAIA (RICOTTA, HONEY & NUTS)	9.90€
MACAQUITO (CHOCOLAT, BANANA, COCONUT & ALMONDS)	9.90€
EXTRA: SCOOP OF VANILLA ICE-CREAM	2.50€

### SAVOURY CREPES

PIZZA (CHEESE, TOMATO, ONIONS & OREGANO)	8.90€
PIZZA MIX (CHEESE, HAM, TOMATO, ONIONS & OREGANO)	9.50€
CHICKEN STROGONOFF (CHICKEN, MUSHROOMS, CREAM & CHEESE)	11.20€
MEXICO (POINTED HEAD CABBAGE, BEANS, CHICKEN, TOMATO, ONION, CORIANDER, CHEESE, FRESH CREAM)	12.50€
POPEYE (SPINACH, RICOTTA, CREAM & CHEESE)	11.20€
BOLOGNESE (BOLOGNESE MEAT SAUCE & CHEESE)	11.20€

### SANDWICHES\*

CHEESE OR HAM	4.00€
HAM & CHEESE	4.50€
CHICKEN (CHICKEN PASTE W/ MAYONESE)	5.60€
TUNA (TUNA PASTE W/ MAYONESE)	5.60€

\*ALL SANDWICHES HAVE TOMATO, ONIONS & LETTUCE.

### SIMPLE TOASTS\*

REGIONAL BREAD W/ BUTTER	2.40€
CHEESE OR HAM	5.00€
HAM & CHEESE	5.50€
CHICKEN (CHICKEN PASTE W/ MAYONNAISE)	6.60€
TUNA (TUNA PASTE W/ MAYONNAISE)	6.60€

\*ALL TOASTS HAVE CHEESE & TOMATO BUT NO LETTUCE.

### NATURAL JUICES / MILKSHAKES

NJ / MS

STRAWBERRY, PINEAPPLE, ACEROLA, GUAVA, MANGO, PASSION FRUIT AND PAPAYA*	4.50€ / 5.50€
ORANGE	4.50€
JUICE OF THE DAY (W/ FRESH FRUITS)	5.50€

\*DAILY MADE WITH FRUIT PULP.

### HOT DRINKS

COFFEE EXPRESSO	1.50€
ABATANADO	1.80€
COFFEE W/ MILK	2.90€
GALÃO	2.90€
HOT CHOCOLATE	3.50€
COFFEE W/ ICE	1.80€
TEA	1.80€
GLASS OF MILK	1.80€

### CAN DRINKS

SUMOL, COCA-COLA, ICE TEA, 7UP	2.90€
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### WATER

MINERAL WATER 33CL	1.80€
MINERAL WATER W/ GAS 25CL	1.80€
MINERAL WATER 1.5L	2.90€
MINERAL WATER W/ GAS 1L	3.70€
TONIC WATER 33CL	2.40€

### BEER

HALF PINT	2.20€
BOTTLED BEER	2.80€
PINT	4.20€

### SANGRIA 1L (WINE, 7UP & FRUIT)

WHITE	18.00€
RED	18.00€
FIZZY WINE W/ RED FRUITS	21.50€
GREEN SANGRIA	21.50€

### WINES

GLASS OF GREEN WHITE WINE	3.00€
GREEN WHITE JAR 500ML / 1000ML	6.00€ / 12.00€
GLASS OF WINE (WHITE WINE / RED WINE)	3.90€
BORBA (WHITE WINE / RED WINE) 350ML / 750ML	8.50€ / 13.00€
MURALHAS (GREEN WHITE WINE)	14.00€
PLANALTO (WHITE WINE)	15.50€
VALLADO (WHITE WINE / RED WINE / ROSÉ WINE)	22.00€
VALLADO (MOSCATEL GALEGO)	22.00€

### COCKTAIL & SPIRITS

PORTO TONIC	6.50€
MARTINI	4.00€
CAIPIRINHA	8.50€
CAIPIROSKA	8.50€
MOJITO	8.50€
GIN TONIC	8.50€
CUBA LIBRE	8.50€
WHISKY NOVO	7.50€
WHISKY VELHO	8.50€
AMÊNDOA AMARGA	4.00€
BAILEYS	6.50€
VINHO DO PORTO	4.00€
AGUARDENTE VELHA CRF	6.50€

FROM JUNE 1ST TO SEPTEMBER 30TH: 9:30 AM - 10:00 PM

LUNCH & DINNER: 12:30 PM - 9:00 PM

LOW SEASON: 10:30 AM - 8:00 PM (AFTER 8:00 PM NEEDS A RESERVATION).