

MENU



RESTAURANTE DA PRAIA

Praia da Arrifana

COUVERT

Bread	1,80€
Rocket and Peanut Pesto	1,80€
Sweet Potato Hummus	1,80€
Tuna Paste	1,80€
Olives	1,80€

SOUPS

Fish Soup	9,90€
Small elbow macaroni in homemade fish stock with peeled tomato and 120g of local fish	
Vegetable Soup	3,90€

STARTERS

from the sea...

Fusion Pickled Mackerel	11,90€
Mackerel marinated in asian seasoning	
Tuna fillet	14,90€
Braised tuna fillets covered with balsamic vinegar reduction	
Octopus Salad w/ Sweet Potato Chips	15,90€
Octopus from Arrifana in vinaigrette with homemade sweet potato chips	
Cooked Octopus w/ Sweet Potato	16,90€
Octopus from Arrifana cooked in olive oil served with cooked sweet potato	
Clams (portion 300g)	21,50€
Clams with garlic, white wine and coriander	
Boiled/Fried Shrimps	18,50€ / 19,50€
Cooked on point with salt / fried with ginger and paprika	
Eby	14,90€
Shrimp tempura with almond crust	
Grilled Tiger Prawn (350g)	37,90€
Grilled tiger prawn served with homemade sweet potato chips and house sauce	
Goose Barnacles	VP KG

Tartares

Fresh raw fish involved in Japanese mayonnaise and *togarashi* on a mango, avocado and cucumber bed, topped with fried onions and angel hair chilli

Tuna	15,90€
Salmon	16,90€

Ceviches

Ceviche in lime and tiger milk with red onion, corn and sliced radish	
White Fish	16,90€
Salmon	15,90€

from the land...

Toasted Wholegrain bread w/ tomato and goat cheese	7,40€
Toasted wholegrain bread with goat cheese, tomato, olive oil and oregano	
Breaded Chèvre Cheese	9,90€
Breaded chèvre cheese served with wild berries jam and sesame seeds	
Grilled Peppers	7,00€
Stripes of grilled peppers in vinaigrette with garlic	
Picanha "pica-pau" w/ Sweet Potato Chips	14,90€
Picanha cubes sautéed in olive oil, garlic, chilli and white wine served with homemade sweet potato chips	
Fried Potato Skin	6,40€
Fried Sweet Potato Skin	6,90€
Served with a mayonnaise, yogurt and garlic dip	

SALADS

Algarvia	6,00€
Lettuce, tomato, onion with classic vinaigrette	
Greek	12,50€
Lettuce, tomato, purple onion, peppers, cucumber, feta cheese and olives with mustard and lemon vinaigrette	
Campo	12,50€
Red and green cabbage, nuts, apple, seed mix involved in mayonnaise and cider vinegar	
Tuna w/ Sweet Potato	12,50€
Tuna on sweet potato base with red onion, tomato, boiled egg, rocket and olives with classic vinaigrette	
Praia	13,50€
Quinoa with avocado, mango, cherry tomato, beetroot, nuts and coriander with mustard, honey and lemon vinaigrette	

MAIN DISHES

fish & seafood

Seafood Tagliatelle	21,90€
Tagliatelle with shrimps, clams, spinach, cherry tomato seasoned with sweet chilli, oyster sauce and sesame oil	
Octopus Rice	21,90€
Homemade octopus from Arrifana with rice	

MENU



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Praia da Arrifana

Grilled Sardines 14,90€

Grilled sardines served with boiled potato and lettuce, tomato and onion salad

Grilled Fish (consult daily offer) VP KG

Grilled and served with boiled vegetables (boiled potato, boiled sweet potato, carrot and broccoli)

meat

Picanha (1 p) 21,90€

Grilled thin picanha steaks served with homemade French fries, rice and black beans. Includes vinaigrette, confited onion and *farofa* toppings

Surf & Turf 28,90€

Grilled Black-Angus Ribeye Steak (rare) with *chimichurri* sauce and grilled tiger prawn served with asparagus, fries and house sauce

Hamburguer "Barrosã" 14,90€

Hamburguer with selected meat from Barrosã region served with homemade fries and salad

Extra Rice, French Fries, Black Beans 2,90€

vegetarian

Arroz Integral c/ Legumes 14,90€

Wholegrain rice sautéed with asparagus, mushrooms, carrot, zucchini in soy sauce topped with mixed seeds and parmesan cheese

Cold Pasta 13,90€

Tagliatelli with cherry tomato, basil, rocket, fresh mozzarella marinated in olive oil and garlic

Tagliatelli c/ Pesto e Legumes 15,90€

Tagliatelle with rocket and peanut pesto, carrot, asparagus mushrooms, zucchini and spinach

children (until 12 years old)

Hamburguer Barrosã 10,90€

Bolognese Pasta 9,90€

side servings

Rice, Black Beans, French Fries,

Cooked Potato, Cooked Sweet Potato

each portion 4,10€

Fried or Boiled Egg

each 1,50€

CREPES

savory

Pizza 9,60€

Cheese, tomato, onion and oregano

Pizza Mix 9,90€

Cheese, ham, tomato, onion and oregano

Mexico 13,90€

Cabbage, beans, chicken, tomato, onion, cilantro, cheese and fresh cream

Popeye 11,90€

Spinach, ricotta cheese, cream and cheese

Arrifana 12,90€

Rocket, fresh mozzarella, tomato and onion

DRINKS

Still Water 1,5 L / 0,33 cl 2,80€ / 1,80€

Sparkling Water 1 L / 0,25 cl 3,50€ / 1,80€

Tonic Water 2,40€

Canned Drinks 2,80€

Coca-cola, 7up, Ice Tea (Mango, Lemon or Peach), Sumol

Small Beer (Super Bock) 2,20€

Large Beer (Super Bock) 4,20€

Bottled Beer (Super Bock) 2,70€

Cider (Sommersby) 3,20€

sangria

White / Red 18,00€

Fizzy Wine w/ Red Berries 21,50€

Green 21,50€

wine

Green White - Glass 3,00€

Green White - Pitcher 0,5 L / 1 L 6,00€ / 12,00€

Borba White / Red - Glass 3,90€

Borba White / Red (350ml / 750 ml) 8,50€ / 13,00€

Muralhas (Green) 14,00€

Planalto (White) 15,50€

Vallado (White / Red / Rosé / "Moscatel Galego") 22,00€

cocktails & spirits

Port Tonic 6,50€

Martini Bianco/Rosso 4,00€

Caipirinha / Caipiroska 8,50€

Mojito 8,50€

Gin Tonic (Gordon's) 8,50€

Cuba Libre 8,50€

Whisky Young / Aged 7,50€ / 8,50€

Bitter Almond Liqueur 4,00€

Port Wine 4,00€

Baileys 6,50€

Aged Aguardente CRF 6,50€